



NOTE: Parents are to provide the physician’s medical management plan to the school annually. The medical orders, along with the health intake below, assist the school nurse in developing an Individual Healthcare Plan for the student.

Student’s Name: _____ DOB: ___/___/___ Grade: ___ Today’s Date: ___/___/___

Parent/Guardian 1: _____ Contact Information: _____

Parent/Guardian 2: _____ Contact Information: _____

Name of physician treating student’s diabetes: _____ Phone Number: _____

Health Insurance: Private Medicaid/KanCare Currently without insurance

Medical alert jewelry worn? Yes No IEP? Yes No Current 504 Plan? Yes No

Mode of transportation to and from school? _____

Does student participate in before or after school activities? Yes No

Date of diagnosis: _____ Type 1 Type 2

HYPOGLYCEMIA (LOW blood sugar) – student’s usual symptoms (check all that apply):

- Shaky or jittery Sweaty Hungry Pale Headache Blurry vision Sleepy Dizzy
- Confused Disoriented Uncoordinated Irritable or nervous Argumentative Combative
- Changed personality Changed behavior Inability to concentrate Weak Lethargic
- Other: _____

Does student recognize the above signs/symptoms? Yes No Sometimes

In the past year, has student been treated for severe low blood sugar? Yes No

If yes: In a health care provider’s office In the emergency room Overnight or longer in the hospital

HYPERGLYCEMIA (HIGH blood sugar) – student’s usual symptoms (check all that apply):

- Increased thirst/dry mouth Frequent or increased urination Change in appetite/nausea
- Blurry vision Fatigue Other: _____

Does student recognize the above signs/symptoms? Yes No Sometimes

In the past year, has student been treated for severe high blood sugar or diabetic ketoacidosis? Yes No

If yes: In a health care provider’s office In the emergency room Overnight or longer in the hospital

Meal Plan:

Will student participate in breakfast at school? _____

Will student bring lunch, eat school lunch, or both? _____

Does student regularly eat snacks – mid morning, mid-afternoon, etc? _____

Instructions for when food is provided to class (special event/party, etc): _____



Equipment:		Stays at school	Home to school each day
Blood glucose meter	Brand/model: Testing strips:	<input type="checkbox"/>	<input type="checkbox"/>
Continuous glucose monitor (CGM): <input type="checkbox"/> Yes <input type="checkbox"/> No	Brand/model: Alarm parameters:	N/A	N/A
Ketone testing	Strips:	<input type="checkbox"/>	<input type="checkbox"/>
Insulin delivery device	Syringe:	<input type="checkbox"/>	<input type="checkbox"/>
	Insulin pen:	<input type="checkbox"/>	<input type="checkbox"/>
	Insulin pump – Brand/model:	N/A	N/A
	Type of infusion set:	N/A	N/A
Snacks (student preference)	List:	Parents to provide supply for school	N/A
Short acting glucose (student preference)	List:	Parents to provide supply for school	N/A
Glucagon ordered	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/>	<input type="checkbox"/>

For each self-care task, select the column that best indicates student’s current abilities. Leave blank if not applicable.

Student’s self-care level at home:	Does alone	Does with help	Done by adult	Comments
Checks own blood glucose	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
CGM – knows what to do/troubleshoots high/low alarms and malfunctions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Measures ketones	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Counts carbs for meals/snack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Calculates insulin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Measures insulin in syringe (or on insulin pen)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Primes insulin pen (if applicable)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Selects insulin injection site	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Administers insulin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pump operation				
Boluses correct insulin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Calculates and set basal profiles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Disconnects pump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Reconnects pump to infusion set	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Prepares reservoir, pod, and/or tubing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Inserts infusion set	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Troubleshoots alarms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

NOTE: Self-care at school will be determined in consideration of the above information, healthcare provider orders, and school nurse ongoing assessment of student’s skills.

Other medications taken by student (name of medication, dosage, reason, side effects):

Does student have family, peer, and community support systems? Yes No

Describe student’s response and current coping/adaptation to having diabetes: _____

Parent/Guardian Signature: _____ Date: _____